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Colorado Hospital Association

Colorado Hospital Association Opioid Reduction Strategy

COLORADO GENERAL ASSEMBLY
OPIOID INTERIM COMMITTEE

SEPTEMBER 12, 2017

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Colorado Hospitals At-A-Glance



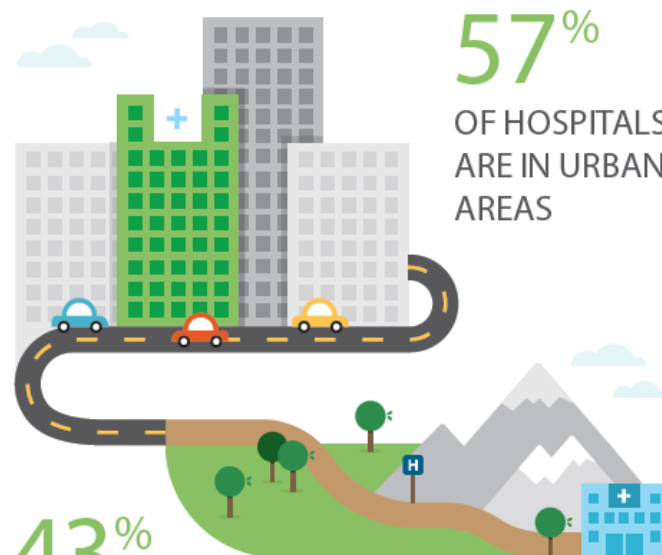
29 CRITICAL ACCESS HOSPITALS

Colorado has 29 critical access hospitals which provide essential medical services to rural and remote areas of the state.



DESIGNATED TRAUMA CENTERS

There are 73 designated trauma centers in Colorado that provide expert care to patients with life-threatening and complex medical conditions 24/7.



PATIENT CARE AT COLORADO HOSPITALS IN 2013

414K

Approximately
414,000
inpatient visits

9.4M

More than
9.4 million
outpatient visits

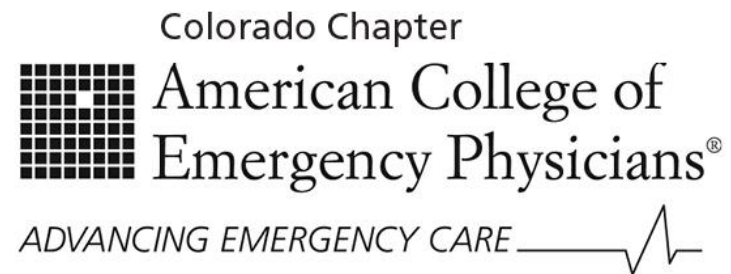
62K

Nearly 62,000
babies
delivered

1.9M

Close to
1.9 million
emergency
department visits

Colorado Opioid Safety Collaborative



SEDGWICK COUNTY HEALTH CENTER



“Some addicts would call ahead...or even wait in their cars until they saw...physicians walk into the hospital.”

Dr. Julia Emerson, Sedgwick County Medical

Center



Yampa Valley Medical Center



"What we are trying to do is find alternatives, effective alternatives... If we are not alleviating people's pain as well as what the opioids were doing then that's really a deal breaker."

Wes Hunter, M.A., R.Ph. Yampa Valley Medical Center
President Colorado Board of Pharmacy

CHA Colorado Opioid Safety Pilot



Poudre Valley Hospital

UNIVERSITY OF COLORADO HEALTH

UCHealth Emergency Room –
Harmony



BCH Community Medical Center
Emergency Room



Medical Center
of the Rockies

UNIVERSITY OF COLORADO HEALTH

UCHealth- Greeley Emergency
& Surgery Center



GUNNISON VALLEY HEALTH



CHA Colorado Opioid Safety Pilot

Goal:

- Reduce opioid administrations in Colorado's Emergency Departments by 15%

How:

- Implement the CO American College of Emergency Physicians (CO ACEP) 2017 Opioid Prescribing and Treatment Guidelines Alternatives to Opioids (ALTO) Component

When:

- June 1st 2017 – November 30th 2017

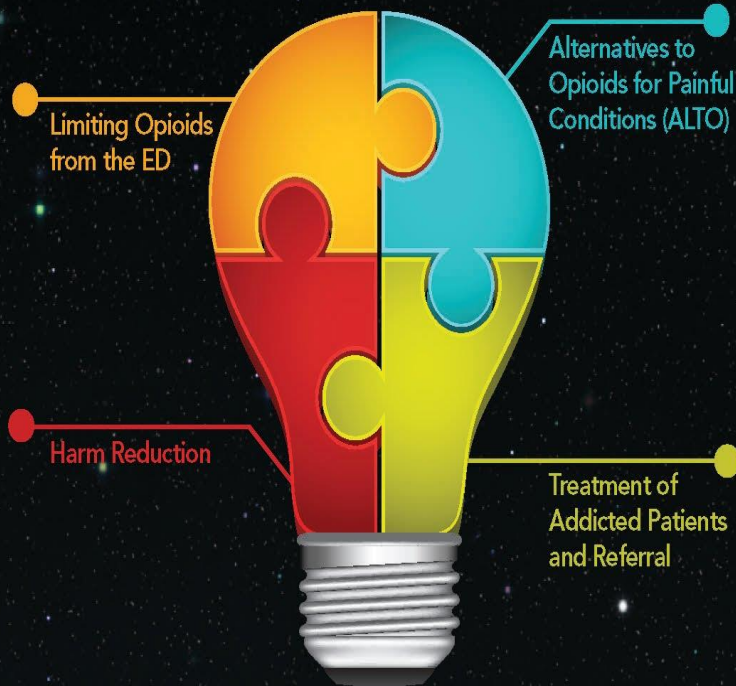
CO-ACEP Guidelines Are Different

COLORADO ACEP 2017 OPIOID PRESCRIBING & TREATMENT GUIDELINES



Multi-faceted Approach

HOW CAN WE ADDRESS THE OPIOID EPIDEMIC IN THE ED?



Alternative Treatments to Opioids

Principles:

- Support use of non-opioid medications as 1st line therapy
- Opioids 2nd line treatment or rescue therapy
- Holistic and realistic approach to pain management



Examples of ALTOs:

- COX Inhibitors
- Ketamine
- Lidocaine
- Nitrous Oxide
- Corticosteroids
- Benzodiazepines
- Gabapentin

Pilot Implementation Components

- Robust pre-launch support
- Toolkit – policies, pharmacy guidelines, pathways, order sets
- Technical support
- Hands-on training & education
- Ongoing coaching & networking
- Data analytics & reporting
- Quality improvement method (PDSA cycles)
- Peer-to-peer support
- Marketing & communications



Preliminary Pilot Results

"We are communicating about our strategies as well as making sure we all understand what we are doing. That trickles up into the entire hospital. It is key for there to be education surrounding this effort. If it is isolated, then we will never achieve the success that we are going for."

Sky Ridge Medical Center

"Young, otherwise healthy female with chronic migraine headache, current headache for 7 days achieved significant relief with valproate when nothing else over the last 7 days has helped."

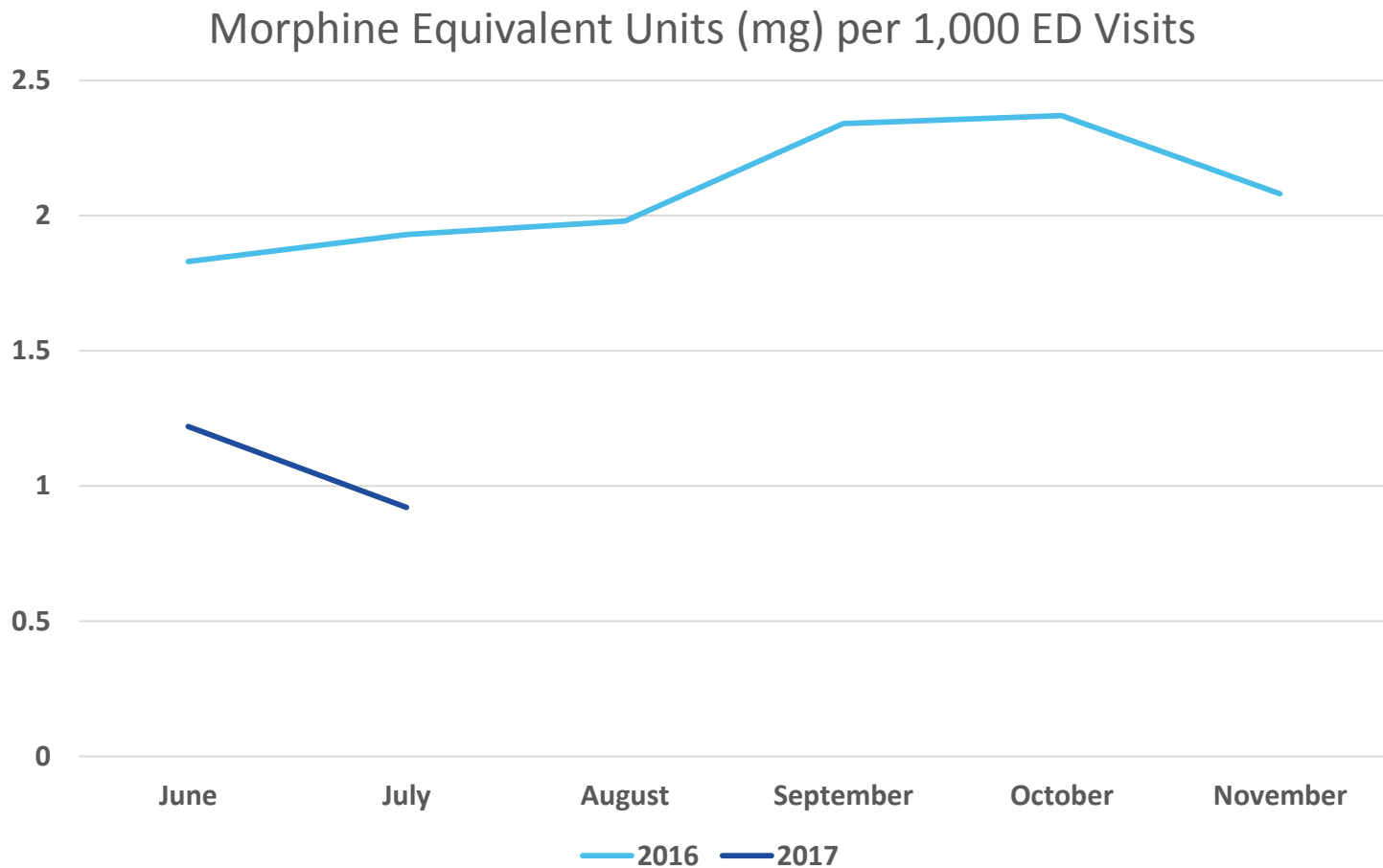
Poudre Valley Medical Center



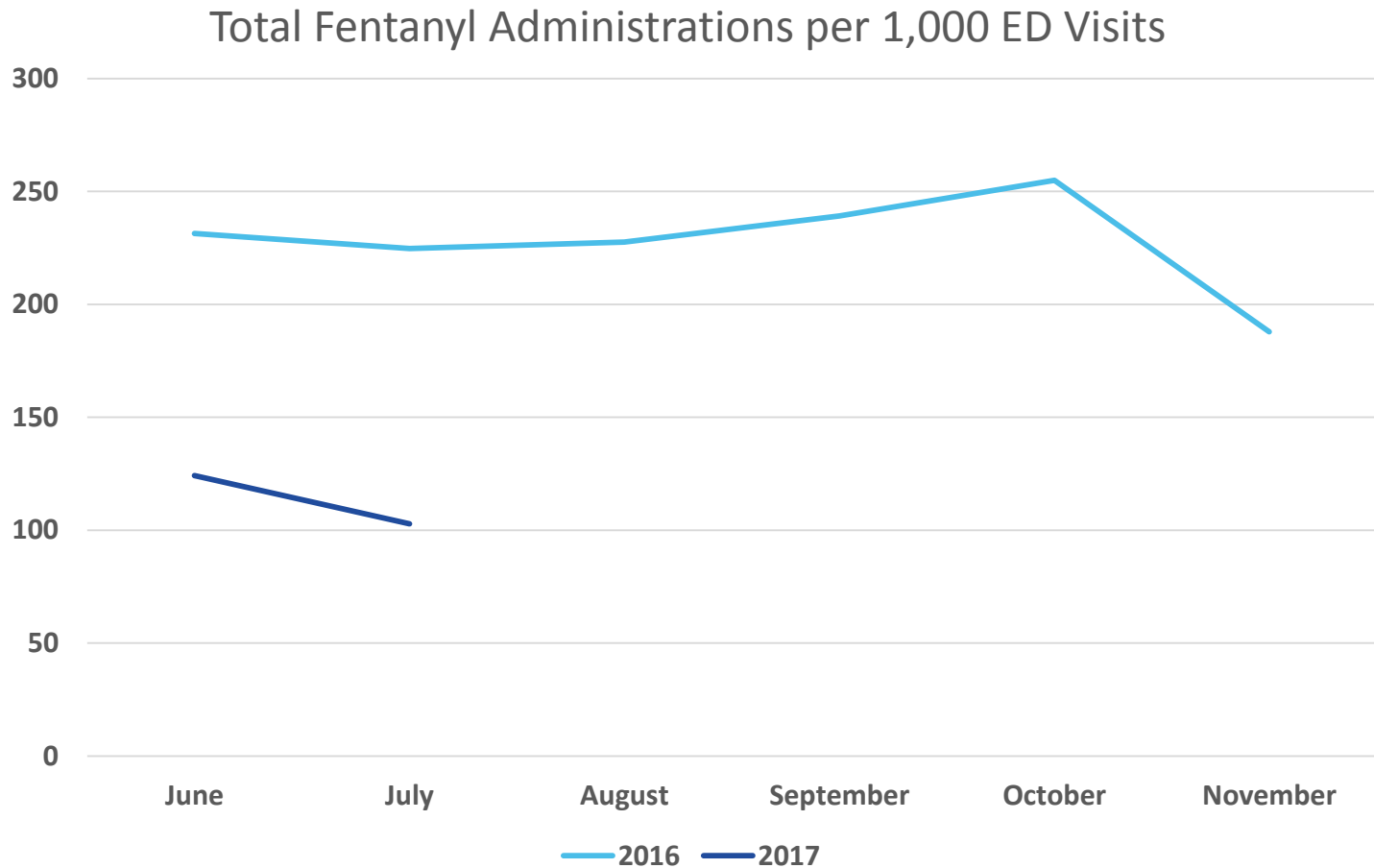
"Physicians are spreading good results through word of mouth and we are having interest from outside facilities regarding our protocols and if we are willing to share them"

Medical Center of the Rockies

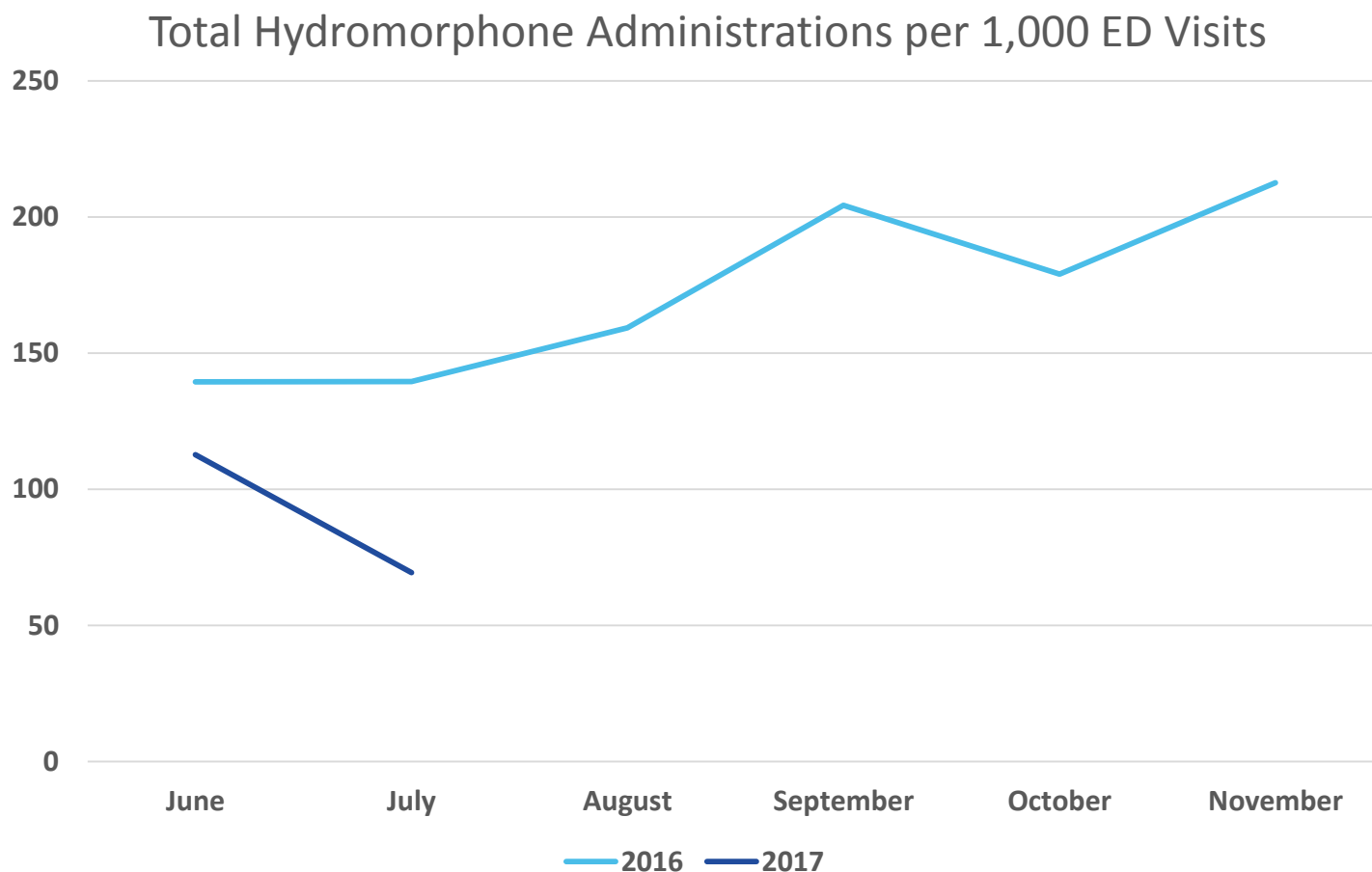
Total Opioid Administration - Yampa



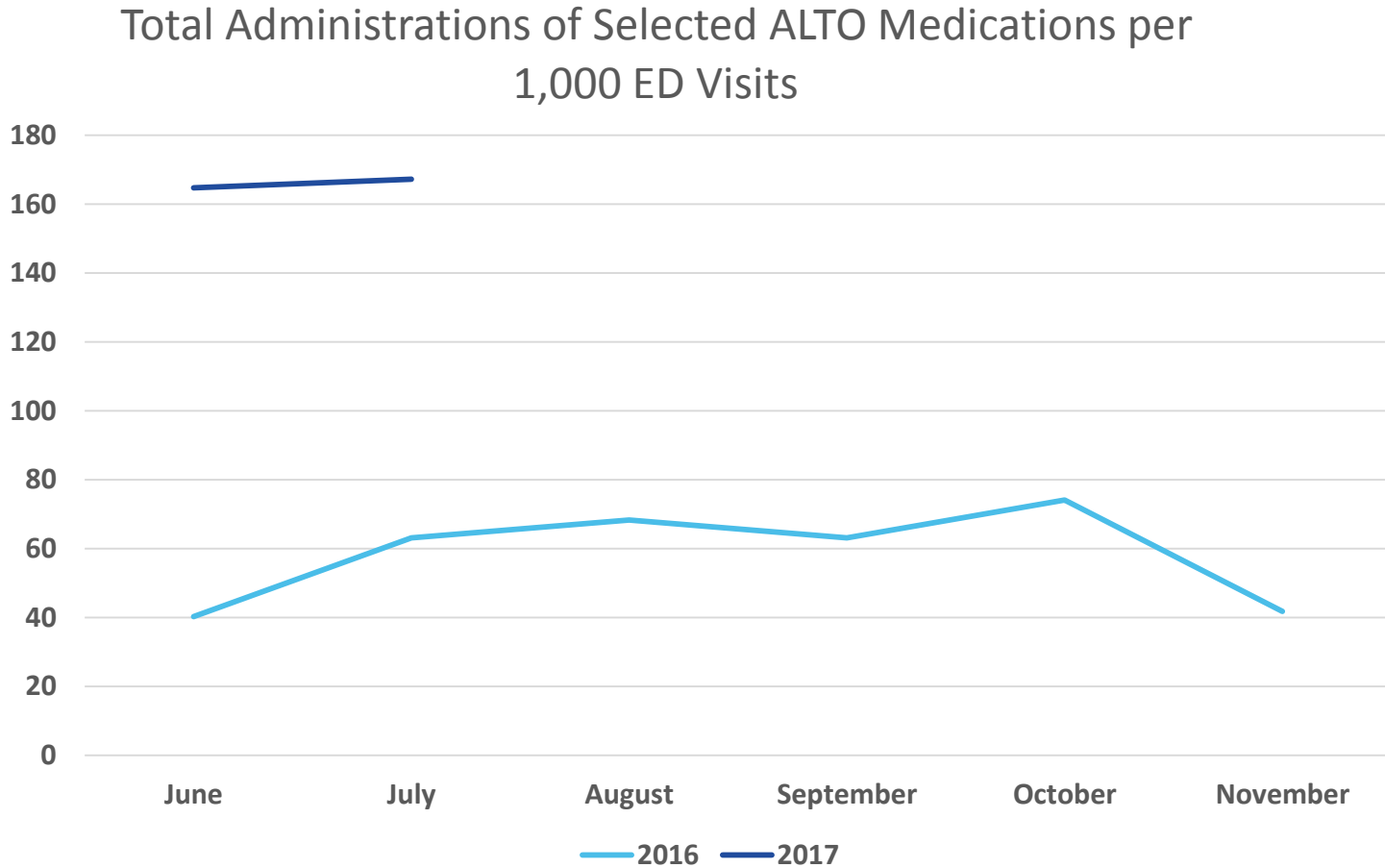
Fentanyl Administrations -Yampa



Hydromorphone Administrations -Yampa



ALTO Administrations - Yampa



Local and National Interest



Additional Colorado hospital requests for:

- Joining pilot
- Seeking resources, training and coaching
- Seeking hospital executive board presentations

Other State Hospital Associations requesting information, tools and resources



What's Next

January 25th, 2018: CHA Opioid Safety Summit

- Share Pilot Results
- Share Colorado Opioid Tools and Resources
- Hands-on education and training

Statewide Rollout

- Enhanced toolkit development
- Regional trainings
- Technical support and data analytics

Thank You!

